

## TheWallich100 Miles in August

### Frequently Asked Questions

#### Registration process

##### **Is the registration free?**

Yes, the registration is completely free. You only need to raise as much money as you can for The Wallich.

##### **Where do I register?**

You can join the Facebook group <https://www.facebook.com/groups/thewallich100august23>, register <https://givp.nl/register/CuvLUmv7>, and then follow the link to create your Facebook fundraising page.

##### **My family member/friend wants to join. How can they do that?**

That's great!

They can join the Facebook group <https://www.facebook.com/groups/thewallich100august23>, register <https://givp.nl/register/CuvLUmv7>, and then follow the link to create their Facebook fundraising page.

##### **When will I get my bucket hat?**

After you reach £10 on your fundraising page, please allow 10-14 business days for your bucket hat to arrive. Bucket hats are mailed through the Royal Mail.

##### **I don't want The Wallich to send me anything. Can I still register and not get the bucket hat?**

Yes! You can create your Facebook fundraising page without ordering a bucket hat.

If you do register on the form, feel free to check the "No bucket hat" option.

##### **Is there a deadline to register?**

The registrations will remain open until midnight on 31<sup>st</sup> July. Please register as soon as possible to avoid missing out!

##### **Is there an age limit to take part in the challenge?**

No. There is no age limit, but we do want people to feel comfortable and safe.

Remember: if you are under 18 you need a parent or a guardian's permission for you to participate.

#### Donations

##### **Can I donate to my own page?**

Yes, we actually recommend that! Lead by example and ask your friends and family to do the same.

##### **Can one person donate more than once?**

Yes. There are no limits on how many donations one person can make.

##### **My friends don't have Facebook. Can they still donate to my fundraiser page?**

Unfortunately, no. But they can donate directly to [The Wallich donate page](#) or if they send you money directly, you can donate to your own fundraiser and add a note to thank them.

### **How much do I have to fundraise?**

Facebook fundraisers are automatically set-up with a target amount.

However, any and all support you can offer goes a long way towards helping The Wallich with their mission of making homelessness history in Wales.

### **My page still has no donations. How do I encourage people to donate?**

Share your fundraising page with all your friends and post about your journey daily.

Additionally, make a donation to your own page to show your support and share why the cause is important to you.

Either way, you are spreading awareness about how The Wallich helps people experiencing homelessness in Wales.

### **My friend is in a different country and wants to donate. Is that possible?**

If they can't donate through Facebook, they can donate via [The Wallich donate page](#)

### **I have collected money offline - How can I send these donations?**

You can donate the amount to your own Fundraising page online if you have the cash.

Or you can post your cheque made payable to The Wallich to:

Income Generation Team  
The Wallich – Cardiff Hub  
1st Floor,  
18 Park Place  
Cardiff  
CF10 3DQ

## **Bucket hats**

### **My bucket hat hasn't arrived yet. When can I expect it to be delivered?**

Bucket hats will be sent out after you've raised the first £10 on your fundraising page.

Please allow 10-14 business days for delivery. If it has been longer than that, send an email to [dosomething@thewallich.net](mailto:dosomething@thewallich.net), and we will get back to you.

## **About the fundraising page**

### **Where do I set up my Facebook fundraising page?**

Just click <https://givp.nl/fb/CuvLUmv7> and follow the instructions.

### **Is my Fundraiser page public?**

Yes, once you set up a Fundraising page any of your friends and family can donate and share.

### **Can I edit the information to make it in memory/tribute of my family member/friend?**

Yes, you can. There is an edit (or manage) button on your fundraiser page where you can make your tribute and edit all information.

### **My page has ended. How can I fix this?**

Unfortunately, once your page is finished you can't reactivate it. You need to start a new one - <https://givp.nl/fb/CuvLUmv7> is the link.

### **Can I share my page outside Facebook?**

Yes, you can! But donations to your fundraising page must be made by those with a Facebook account. Those without a Facebook account can donate via [The Wallich donate page](#).

## **About this specific challenge**

### **How do I track my progress?**

You will receive an activity tracker sheet in the mail or can print one from the Facebook group.

You can find it under the *files menu* or in the *featured posts* at the top of the page.

Feel free to use any fitness trackers you already have too - use whatever suits you best.

### **Can I start the challenge without my tracker?**

Yes, you can. When you do get your tracker, we recommend you post pictures of it to your fundraising page as you progress through your challenge.

### **Can I start early or finish later?**

We ask for the challenge to be set in August, but we understand that other responsibilities can be in the way.

### **Can I do more than 100 miles?**

If you feel like you can kick it up a notch, yes you can.

### **What if I fail to complete the challenge?**

We would love to see everyone complete the challenge, but we understand that circumstances can change. Please don't force yourself.

### **If I get injured/COVID, can I finish later or give up?**

Unfortunately, with physical challenges, injuries are likely to happen. Please seek medical advice if you experience any discomfort and always follow health guidelines.

### **Do I have to provide proof of completion?**

Absolutely not - we trust you! It's a great idea to post updates on your progress to your fundraising page to let your supporters know how you're getting on with your challenge.

### **I am feeling sore. Can I stop for one day and keep going later on?**

Feeling sore can absolutely happen when taking up a challenge like this. Please allow yourself a day or more of rest, stretch before and after your activity, and seek medical help if necessary.

### **What if I can't complete the challenge?**

That's absolutely fine, we know life can get in the way.

Don't feel discouraged, we are grateful for your support and help in building awareness!

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If you have any other questions, queries or concerns you can always post them in the Facebook group and someone from The Wallich will respond, alternatively you can email the team at [dosomething@thewallich.net](mailto:dosomething@thewallich.net) – we're here to support you.