

TheWallich100

Dear Wallich hero,

Thank you for signing up to **TheWallich100 Miles in August** challenge. We are so happy to have you on the team and can't wait for you to start your challenge.

At The Wallich, we believe that everyone deserves the right to a home, to feel safe, and to feel valued and positive about their future.

Our ground-breaking services work side-by-side with people to help them rebuild their lives and move away from homelessness. Whether that's offering a roof over someone's head, providing specialist mental health and substance use support, or upskilling for the future, we respond to anyone in need.

We cannot provide this support without the generosity and kindness of communities across Wales. Your contribution will help end homelessness in Wales.

Your aim is to raise **£100** by completing **100 Miles in August** – we're here to help you reach that goal. Make sure to share a selfie in your bucket hat in the [Facebook group](#) and on your fundraising page!

Kickstart your fundraising journey by donating to your own page and showing friends and family you're serious about this challenge and serious about ending homelessness in Wales.

It's up to you whether you walk, run, swim, cycle, or complete your miles in any other way – TheWallich100 is all about reaping all the positive wellbeing benefits of daily activity and raising money for, and awareness of The Wallich to help make homelessness history.

We'll see you in the [Facebook group](#) where we'll be sharing top tips for fundraising, motivation to keep you on track, and inspiring stories to help you along the way. Use our handy [Miles Tracker](#) to keep track of how you're getting on, and don't forget to share your progress in the group and on your fundraising page!

This is a community challenge, so we would love to hear updates about why you're taking on the challenge and how you're getting on in your journey.

If you do need help or advice at all, please feel free to get in touch.

Thank you – you've got this!

Chelsea and the Fundraising team
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